

DOUGLAS REAM, M.D.  
1398 SOLANO AVENUE  
ALBANY, CALIFORNIA  
BERKELEY 8377

June 21 '36.

Dear Mother:

Here it is Dad, day & I'm just dropping  
a little note before retiring. It's fun that the day  
should be one of the "Parents' day". So we are all  
joining in wishing you many happy returns  
of the day.

He had planned on a little trip today  
but that was pretty well spoiled when patients  
began coming in at 9 a.m. so that we finally  
did get a way for it at 1:30 p.m., on returning  
I had enough calls to carry on to 10:30 p.m. It  
has been quite a busy day after all.

We are all quite well, even the baby  
David William.

There are having very nice weather here  
and it has lasted for quite a long while this  
year.

I was talking to a heart specialist  
a short time ago, concerning your condition,  
and he felt that if you could control your  
activities so as to not increase

your blood pressure unduly, that  
there should be no danger in your taking  
the trip to Idaho.

Now Beulah had mentioned this in  
the car, but that might be rather hot unless  
the traveling was done at night, that would  
be difficult with the children.

Did you take a trip to the mountains?  
if so how did you react? O. D. Lefse.

I see everyone tells for us & we wish you  
all possible health & happiness

Lovingly yours  
Doug Lefse.

21 June 1936  
Doug Lefse → Mom